

Invitation package

**Montenegro summer
exchange**

2023

Podgorica, Montenegro



Welcome letter

Dear students, you will be most welcome to the jewel of Montenegrin capital Podgorica, in country with beautiful beaches, landscapes and nightlife ...

We are looking for bright, open minded, flexible young people who are willing to move outside their comfort zones and who want to learn about the world and themselves meet medical students from other countries and get new knowledge about medicine on one new level with our wonderful mentors.

Being an exchange student is a challenging, rewarding and fun experience. You're not a tourist or a guest. You will actually living in Montenegro as a member of our community.

It is our honor to host you

Kind regards,

Stefan Mikic

President of the Organizing Committee

Welcome message from the coordinator

Dear Exchange family,

we would like to invite you to the Montenegro summer exchange 2023!

Exchanges are one of the most important activities of the IFMSA and working in it is always exciting! The NEOs and NOREs are the ones responsible for the exchange program of their NMOs and so fulfill one of the most essential tasks in order to provide every student with the best possible exchange experience! In order to get connected and meet personally, work together to solve common problems and develop our programs even further and to honor the hard work you all do and have fun together, we made step forward and went on next step only for one aim: THE BEST EXCHANGE EVER!

We are really looking forward to connect all levels of exchanges from the international to the local level, get to know to everyone of you, work with you for a better learning and fun of course and experience the IFMSA spirit together!

See you soon in Montenegro!

Warm regards,

Marko Nikcevic

Coordinator

Welcome to Montenegro

The picturesque country of Montenegro is a country situated in the southeastern part of Europe. Montenegro has for its neighbors the countries of Serbia to the northeast, Kosovo to the east, Albania to the southeast, Croatia to the west and Bosnia and Herzegovina to the northwest. The country of Montenegro, apart for its scenic mountains, is also known for its out-of-the-world beaches that owe their existence to the proximity that the country enjoys with the Adriatic Sea.

Facts about Montenegro

Montenegro is the first ecological country in the world.

The oldest tree in Europe lives in Montenegrin city Bar: the Old Olive Tree is over 2,000 years old.

The monastery Ostrog is one of the biggest sanctuaries in the world. It is visited by people of all religions.

Name Montenegro in Montenegrin language literally translates to 'Black Mountain'?

There are five national parks, including Durmitor, Lovcen, Biogradska Gora, Prokletije and Skadar Lake.

Length of the sea coast is 293 km with 117 beaches. The longest beach: Velika plaža (Ulcinj) - 13 km.

The road from the beginning plateau for climbing on to the Njegos's mausoleum is made of numerous stony stairway (from the foot up to the entrance into the mausoleum there are 461 staircases).

The Bay of Kotor region is under the protection of UNESCO due to its very rich cultural heritage.

Useful information

Currency: Euro

Language: Montenegrin, Serbian.

Climate: Continental-Mediterranean

Average air temperature: 27.4 °C

Maximum sea temperature: 27.1 °C

Average number of sunny days during the year: 240

Time zone: GMT +1

MoMSIC Montenegro

Until 2007, Year MoMSIC was part of YuMSIC (Yugoslovenian Medical Student Association). Since then we are growing as an NMO. As proof of this, MoMSIC Montenegro was officially called upon by the government to organize the events and promotion of Pink October, we published the first student's textbook for medical students and we are the main partner with the Montenegrin Institute for Public Health for the Prevention of AIDS program. Beside that, we traditionally organize Teddy Bear Hospital, and also promote healthy lifestyle during: World Heart Day, World Diabetes Day, World Kidney Day.



About Exchange

The Professional Exchange program is a full educational program offering clerkships to medical students abroad. Since the very beginning, in 1951, it was evident that exchange of medical students would be one of the main fields of action in IFMSA. As early as 1952, a total of 463 students spent a period of practice abroad, and today, it continues to be the backbone of the Federation and constitutes its longest running project. Annually, more than 13.000 students from 90 countries travel around the world to discover new health systems, new cultures and to enhance their global health and intercultural understanding.

The aim of SCOPE is to promote cultural understanding and co-operation amongst medical students and all health professionals, through the facilitation of international student exchanges. SCOPE aims to give all students the opportunity to learn about global health, and attains this partly by having its exchanges accredited by medical faculties across the world.

Objectives

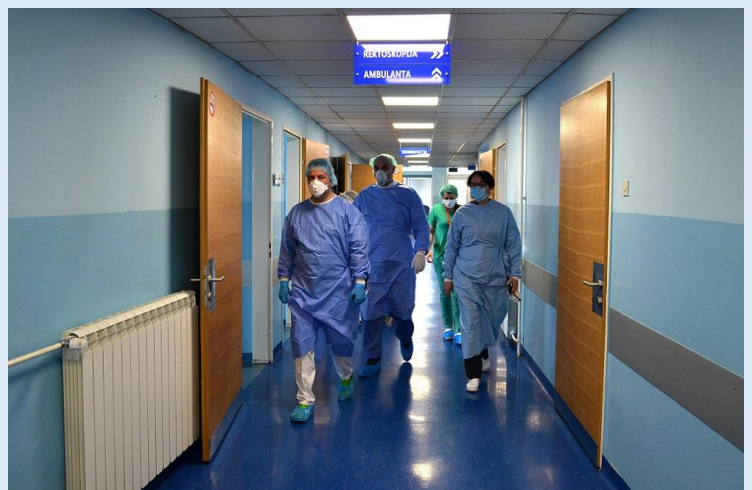
1. To increase the mobility and to widen the horizon of medical students worldwide;
2. To provide medical students with the possibility to experience healthcare in another culture with different health and education systems, and to learn how differences in culture and beliefs are of influence;
3. To create possibilities for medical students to learn about global health issues, primary health concerns and basic epidemiology of the host country, and how it differs from their home country;
4. To contribute to the education of a future health professionals with a global vision and to contribute to medical students personal development, self-reliance and openness in becoming future health professionals;
5. To provide students with the chance to improve their medical knowledge, their vision on medical issues and their practical knowledge depending on the regulations of the host country;
6. To facilitate the connection of medical students and other health professionals and to provide a platform for future cooperation amongst medical students with each other and with health professionals across the globe;
7. To maintain affordable professional exchange tuition through its governing body to ensure that medical students within the National Member Organizations can participate in the exchanges with a minimal financial burden;
8. To make sure students are aware of the ethical aspects regarding their exchange to assure the burden on society, patients, the recourses and the healthcare system is as limited as possible;

About Clinical Center of Montenegro

The Clinical Center of Montenegro (KCCG) is a reference institution of the tertiary level of health care for the whole of Montenegro.

About 40 thousand patients are treated annually in KCCG, while over 1.5 million health services are performed in the Polyclinic. Over five million analyzes are performed annually at the Center for Laboratory Diagnostics. Over 13,000 surgeries are performed annually, over 2,000 small interventions in the Emergency Center, over 3,000 births and over 10,000 dialysis. We achieve all this thanks to the good organization of work and the engagement of over two thousand and three hundred employees, of which 260 specialists, 89 subspecialists, 190 doctors on specialization, with the support of high and middle medical staff, who with a lot of professionalism and dedication perform their extremely difficult and responsible work.

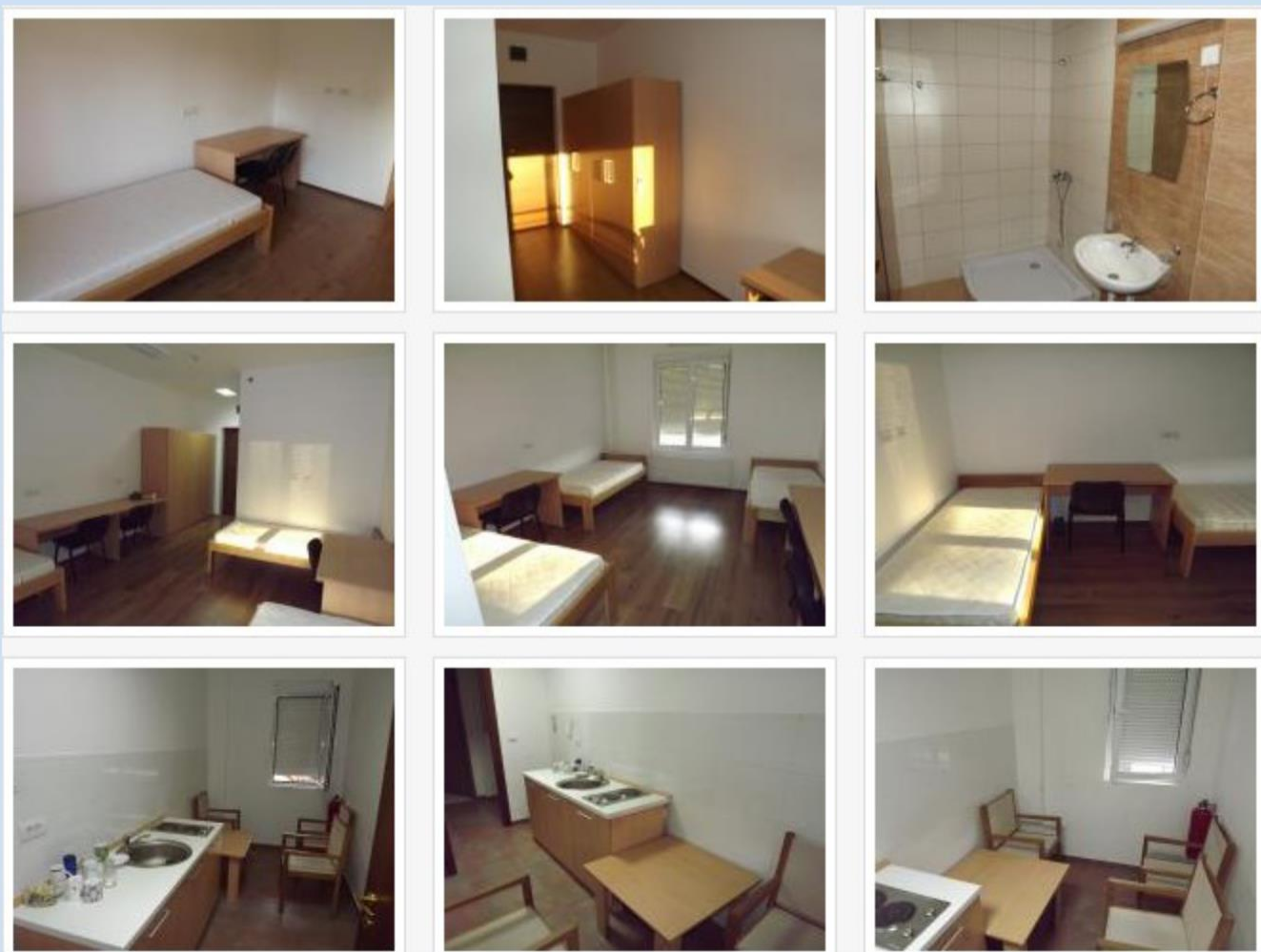
Today, the Clinical Center of Montenegro routinely performs the most complex surgical procedures, the transplant program has come to life, and new diagnostic and therapeutic procedures are adopted and introduced almost every day. Thanks to that, the Clinical Center today stands side by side with renowned European health centers, which is capable of providing the most complex and efficient health services, not only to Montenegrin insured persons, but also to patients from the surrounding area and beyond.



About Accommodation

First, I would like to give you few information about your place of lodging. You will all be placed in a student flat or private flats, which is new one and near to the Clinical Center where you will have practice, or private apartments also close.

Here is gallery of accommodation and you will be together with all students on exchange. On every floor there is kitchen that you can use 24h. There`s Wi-Fi in every room and there`s no need to bring sheets and pillows. If you need you can bring some basic dishes, iron, tea pot or something like that. Also, in student flat is laundry room. Student flat is safe with 24h security on the front doors so no one can enter who is not living there. There is possibility to change accommodation place, in that case we will inform you 30 days prior your arrival. There are no single rooms available.



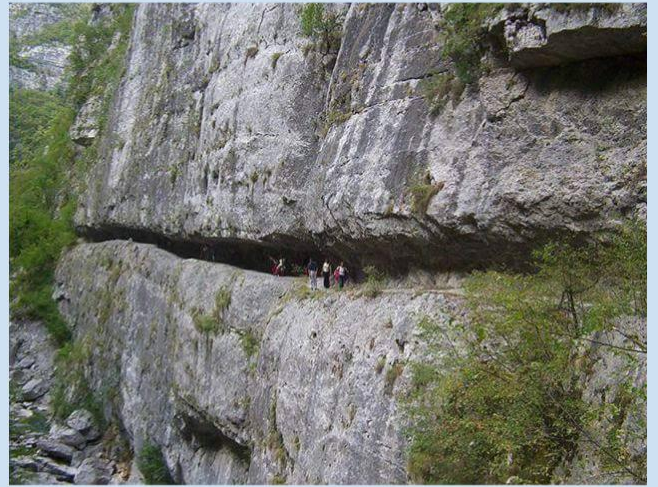
About Social Program

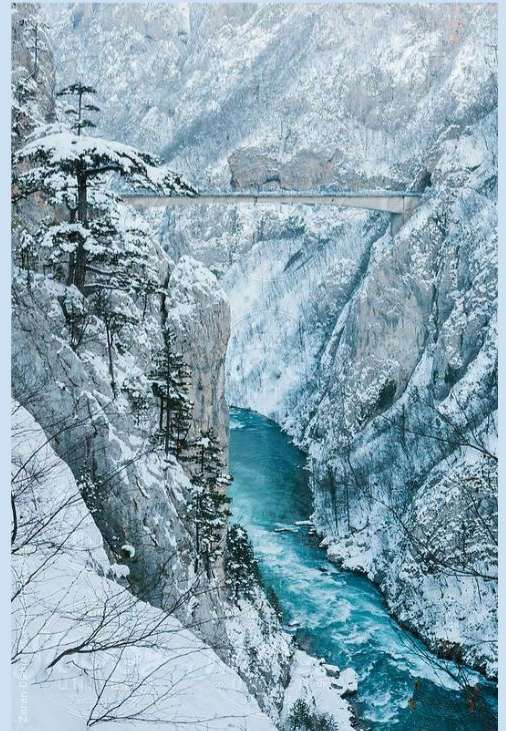
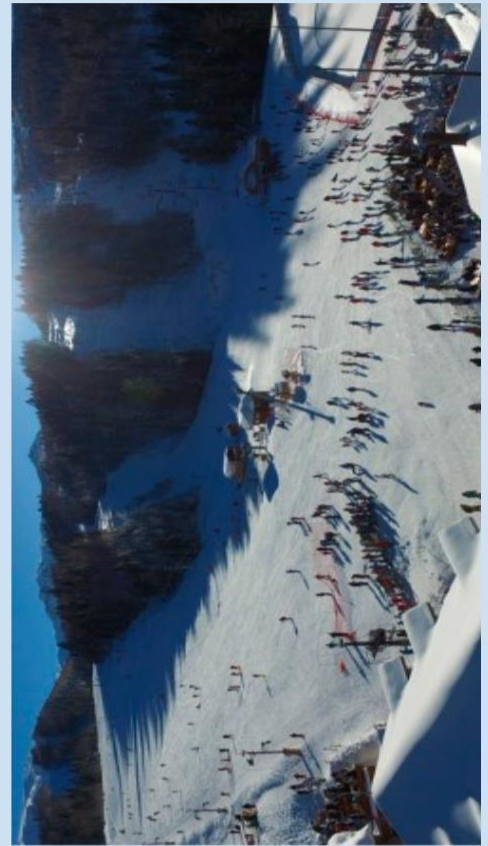
MoMSIC group decided to show you in this social program some parts of Montenegro. We are not so big country but , believe us, one month is too short to see everything you need to see when you come here , in this wild beauty ,so we chose couple tours to scratch the surface of everything.

Students usually visit 5-6 cities and enjoy on the see and mounthines of Montenegro.

Here are some places that you will visit trough Social program







Registration and unilateral fee for exchange in July and August 2023

July and August - 4 weeks

**Early Registration and payment for July
and August: Payment before: 01.12.2022**

Unilateral fee: 575 EUR

**Late registration and payment for July
and August: Payment after: 01.12.2022**

Unilateral fee: 675 EUR

July and August; 2 weeks from 1st-15th or from 15th-30th

**Early Registration and payment for July and August:
Payment before: 01.12.2022**

Unilateral fee: 410 EUR

**Late Registration and payment for July and August:
Payment after: 01.12.2022**

Unilateral fee: 460 EUR

***maximum 20 people per month**

What is arranged on exchange program (INCLUDED IN UNILATERAL FEE)???

Boarding in student flat or private apartments (all students are accommodated together) for all period of exchange. An accommodation with different numbers of beds per rooms with one big kitchen and separated bathrooms. Practice all month with your mentor.

Are you interested?

Contact us :

podgorica.exchange@gmail.com

or via your Local exchange officers in your Cities.

IMPORTANT NOTE:

IN ORDER TO HAVE A CLINICAL PRACTICE AT ONE OF THE DEPARTMENTS OF CLINICAL CENTER OF MONTENEGRO, STUDENTS NEEDS TO BE FULLY VACCINATED (2 DOSES OF COVID-19 VACCINE) AND BRING NEGATIVE PCR TEST NOT OLDER THE 72 HOURS. OUR ADVICE IS TO BRING INTERNATIONAL HEALTH INSURANCE SINCE HOSTING ORGANIZATION OR CLINICAL CENTER CAN NOT BE RESPONSIBLE IN CASE OF COVID-19 OR OTHER INFECTION AND POSSIBLE NEED FOR MEDICAL CARE! IN CASE EXCHANGE GOT CANCELLED BY OUR SIDE WE WILL REFUND 75% OF YOUR FEE OR STUDENT EXCHANGE WILL BE POSTPONED FOR NEXT SUMMER.

**IF YOU ENJOY HAVING FUN, MEET INTERESTING
PEOPLE**

...LOVE NATURE AND SEASIDE...

...IF YOU ARE WAITING FOR ADVENTURE... ...

THAN MONTENEGRO IS WAITING FOR YOU...

Available departments:

Plastic surgery

Thoracic surgery

Neurosurgery

General surgery

Vascular surgery

Cardio surgery

Pediatrics surgery

Gynecology and obs

Pediatrics

Radiology

Pathology

Maxillofacial surgery

Ophthalmology

Dermatology

Neurology

Otorhinolaryngology

Oncology

Orthopedic surgery